

After School Sport Procedures

When a child is planning to participate in an after-school sport, please follow these two important guidelines:

1. With **each** sport in which your child wishes to participate, they will come home with:
 - A permission slip for the individual activity
 - Part A Parent Health History Form.

These forms are to be completed by the parent/guardian and returned to the club advisor of the sport your child plans to participate in. These forms must be completed for **each** individual sport.

Part A forms are good for one sport season. (Example: Part A is good for the fall soccer season, but must be updated for basketball in the winter.)

2. Each child participating in a sport must have a Part B Physical Examination form completed by the doctor. This physical must be completed on the State Mandated “Pre-Participation Physical Evaluation Form” – and must have been done within the last year. Each physical is good for one year from the date of physical.

This form is returned to the Nurse’s Office.